



888-356-8624

<http://www.munchysdeliveries.com>

Yummy Bowl Newport

APPETIZERS

SPRING ROLLS(2)	\$4.50
CRAB PUFFS(6)	\$7.95
<i>(Wheat Flour Wrapped with Cream Cheese & Imitation Crab Meat)</i>	
POTSTICKERS(6)	\$8.70
BUTTERFLY SHRIMP(8)	\$9.50
B.B.Q. PORK	\$9.50
<i>(Pork Tenderloin)</i>	
SALEM ROLLS	
<i>(Breaded)</i>	
SALEM ROLLS (Breaded)	
<i>(Seaweed Wrapped with Tempura Rice, Crab Meat, Cream Cheese & Avocado)</i>	
PO PO PLATTER	\$15.50
<i>(B.B.Q. Pork, 2 Spring Rolls, 4 Crab Puffs, 4 Butterfly Shrimp & Teriyaki Chicken)</i>	

SOUP

MISO SOUP Cup	\$2.50
MISO SOUP Bowl	\$8.25
HOT AND SOUR SOUP (Spicy) Cup	\$2.50
EGG FLOWER SOUP Cup	\$2.50
HOT AND SOUR SOUP (Spicy) Bowl	\$8.25
WONTON SOUP	\$11.95
<i>(Pork Dumpling and Vegetables in Both)</i>	
WOR WONTON SOUP	\$14.95
<i>(Pork Dumpling with BBQ Pork, Beef, Chicken, Shrimp & Vegetables in Broth)</i>	
EGG FLOWER SOUP Bowl	\$8.25
NOODLE SOUP	

POULTRY

Served with a Cup of Steam Rice (All Chicken Breast)

GENERAL TSO'S CHICKEN (spicy)	\$13.95
<i>(Tender Fried Chicken with Szechuan Sauce)</i>	
KUNG PAO CHICKEN (spicy)	\$13.95
<i>(Chicken & Peanuts in Spicy Sauce)</i>	
CASHEW NUTS CHICKEN	\$13.95
<i>(Chicken, Diced Vegetables & Dried Cashews)</i>	
ALMOND CHICKEN	\$13.95
<i>(Peas, Carrot, Celery, Onion, Mushroom and Almonds Stir Fried in Brown Sauce)</i>	
MOO GOO GAI PAN (Gluten Free)	\$13.95
<i>(Chicken w/Snow Peas, Mushrooms, Bamboo Shoots, Carrots & Onions)</i>	
CHICKEN WITH SNOW PEAS (Gluten Free)	\$13.95
<i>(Chicken w/ Snow Peas, Water Chestnut & Carrot)</i>	

NOODLES

STIR FRIED NOODLES	\$8.25
<i>(Plain Soft Noodles)</i>	
BBQ PORK LO MEIN	\$11.95
<i>(Soft Noodles) (Soft Noodles with Sliced Carrot, Onion, Cabbage & Bean Sprouts)</i>	
TOFU LO MEIN	\$11.95
<i>(Fried Tofu w/ Soft Noodles)</i>	
VEGETABLE LO MEIN	\$12.95
CHICKEN LO MEIN	\$12.95
<i>(Soft Noodles)</i>	
BEEF LO MEIN	\$12.95
<i>(Soft Noodles)</i>	
SHRIMP LO MEIN	\$14.50
<i>(Soft Noodles)</i>	
COMBINATION LO MEIN	\$14.50
<i>(Soft Noodles w/ Shrimp, Beef & Chicken)</i>	
VEGETABLE CHOW FUN	\$11.95
<i>(Soft Rice Noodles) (Rice Noodle with Sliced Carrot, White & Green Onion and Bean Sprouts)</i>	
CHICKEN CHOW FUN	\$12.95
<i>(Soft Rice noodles)</i>	
BEEF CHOW FUN	\$12.95
<i>(Soft Rice Noodles)</i>	
SHRIMP CHOW FUN	\$15.50
<i>(Soft Rice Noodles)</i>	
HOUSE SPECIAL CRISPY NOODLE	\$15.50
<i>(Crispy Egg Noodles Top with Chicken, Shrimp, Beef, B.B.Q. Pork & Vegetables)</i>	

PERFECT COMBINATION

(Minimum 3 items, served with soup (soup is extra for togo))

SPRING ROLL	\$2.25
STEAMED RICE	\$2.50
BBQ PORK FRIED RICE	\$4.25
SWEET & SOUR CHICKEN	\$6.25
SWEET & SOUR PORK	\$6.25
BBQ PORK	\$5.25
CHICKEN SUBGUM CHOW MEIN	\$5.75
PORK CHOW MEIN	\$5.75
PORK EGG FOO YOUNG	\$4.25
BUTTERFLY SHRIMP(4)	\$5.25

CHOP SUEY, CHOW MEIN & SUBGUM

(Chow Mein Celery, Onions, Carrot, Water Chestnut, Ben Sprouts & Crispy Noodles) (Subgum Diced Celery, Onions, Water Chestnut, Green Peas, & Crispy Noodles) (Chop Suey Snow Peas, Celery, Water Chestnut, Carrot, Onions, Bean Sprouts & Rice)

CHICKEN CHOP SUEY (Gluten Free)	\$12.50
SHRIMP CHOP SUEY (Gluten Free)	\$14.50

VEGETABLES

Served w/ a Cup of Steam Rice

BROCCOLI MUSHROOMS WITH TANGY SAUCE	\$12.95
<i>(Spicy)</i>	
MIXED VEGETABLES	\$12.95
TOFU HOME STYLE	\$13.95
<i>(Spicy, Fried Bean Sauteed w/ Vegetables)</i>	
BUDDHA'S DELIGHT	\$12.95
<i>(Broccoli, Snow Peas, Black Mushroom, Tofu & Rice Noodles)</i>	
STRING BEANS SZECHUAN STYLE	\$13.95
<i>(SPICY)</i>	
TOFU SAUTEED WITH VEGETABLES	\$13.95
<i>(Gluten Free, Soft Tofu & Mixed Vegetables)</i>	

SEAFOOD

Served with a Cup Of Steam Rice

SWEET & SOUR SHRIMP	\$15.95
KUNG PAO SHRIMP (Spicy)	\$15.95
<i>(Shrimp, Diced Vegetables & Peanuts in Spicy Sauce)</i>	
KUNG PAO	\$18.50
SCALLOPS.....(Spicy)	
KUNG PAO TWO	\$16.95
KINDS.....(Spicy)	
<i>(Shrimp, Chicken & Peanuts in Spicy Sauce)</i>	
SHRIMP WITH LOBSTER SAUCE (Gluten Free)	\$16.95
<i>(Sauteed w/ Vegetables w/ Egg White & Wine Sauce)</i>	
SHRIMP WITH BLACK BEAN SAUCE	\$16.95
<i>(Shrimp, Bell Pepper & Onions in Black Bean Sauce)</i>	
SHRIMP WITH SNOW PEAS (Gluten Free)	\$16.95
<i>(Snow Peas, Water Chestnut, Carrot in White Sauce)</i>	
CASHEW NUT SHRIMP	\$16.95
<i>(Shrimp, Diced Vegetables w/ Cashew Nuts)</i>	
PRAWN WITH ASPARAGUS	\$16.95
<i>(Gluten Free, Prawn, Asparagus, Carrot & Baby Corn)</i>	
SCALLOPS WITH MIXED VEGETABLES	\$18.50
<i>(Gluten Free)</i>	
SHRIMP WITH MIXED VEGETABLES	\$16.95
<i>(Gluten Free)</i>	
NEW! SZECHUAN SHRIMP	\$16.95
NEW! SZECHUAN SCALLOPS	\$18.50

BEEF

Served with cup of Steam Rice

BROCCOLI BEEF	\$14.95
CURRY BEEF	\$14.95

CURRY CHICKEN(spicy)	\$13.95
<i>(Chicken, Bell Peppers, Onions, Carrots)</i>	
SWEET & SOUR CHICKEN	\$12.95
<i>(Tendered Fried Chicken w/ SS Sauce)</i>	
CHICKEN W/ TANGY SAUCE(spicy)	\$13.95
<i>(Bell Pepper, Onions, Water Chestnut, Wood-ear, Bamboo Shoots)</i>	
CHICKEN & GREEN BEAN	\$13.95
<i>(Stir-Fried in Black Bean Sauce)</i>	
BROCCOLI CHICKEN (Gluten Free)	\$13.95
<i>(Broccoli, Carrot Stir-Fried with White Sauce)</i>	
CHICKEN WITH MIXED VEGETABLES (Gluten Free)	\$13.95
<i>(Stir-Fried with White Sauce)</i>	
CHICKEN WITH BLACK BEAN SAUCE	\$13.95
<i>(Bell Pepper, Onions & Black Bean Sauce)</i>	
SZECHUAN CHICKEN(spicy)	\$13.95
<i>(Chicken, Celery & Carrot with Szechuan Sauce)</i>	
ORANGE CHICKEN(spicy)	\$13.95
<i>(Tender Fried Chicken, Orange Sliced Cooked with Orange Sauce)</i>	
SESAME CHICKEN(spicy)	\$14.95
<i>(Sauteed with Green Onions, Underside with Dry Rice Noodles)</i>	
ASPARAGUS CHICKEN (Gluten Free)	\$14.95
<i>(Chicken, Asparagus, Baby Corn & Carrot)</i>	
MONGOLIAN CHICKEN(spicy)	\$14.95
<i>(Sauteed with Scallion, Served on top of Rice Noodles)</i>	

DINNER COMBINATION PLATES

Served w/ Soup of the Day, Butterfly Shrimp, Crab Puff & BBQ Pork Fried Rice (Soup is extra for take out orders)

CHICKEN LO MEIN	\$14.95
CASHEW NUTS CHICKEN	\$14.95
ORANGE CHICKEN	\$14.95
<i>SPICY</i>	
GENERAL TSO'S CHICKEN	\$14.95
<i>SPICY</i>	
KUNG PAO CHICKEN	\$14.95
<i>SPICY</i>	
BEEF BROCCOLI	\$14.95
<i>SPICY</i>	
TRIPLE DELIGHT	\$15.95
MONGOLIAN BEEF	\$15.95
<i>SPICY</i>	

FAMILY DINNERS

Served with the Soup of the Day & BBQ Pork Fried Rice Appetizers: Spring Rolls, BBQ Pork & Butterfly Shrimp

A FOR 2 SWEET & SOUR CHICKEN GREEN BEAN CHICKEN	\$35.00
<i>ADDITIONAL PERSON \$15.00 (No Substitution Please)</i>	
B FOR 2 BROCCOLI BEEF KUNG PAO CHICKEN (Spicy)	\$37.00
<i>ADDITIONAL PERSON \$15.50 (No Substitution Please)</i>	
C FOR 2	\$38.00
<i>CHOOSE 2 ITEMS FROM THE CHINESE MENU UP TO \$13.95</i>	

Free)	
BBQ PORK CHOW MEIN	\$11.50
VEGETABLE CHOW MEIN	\$11.50
CHOW MEIN	
SUBGUM	

EGG FOO YOUNG **(Homemade Gravy) Served with a Cup of Steam Rice)**

Egg Foo Young	
Shrimp Foo Young	\$13.95

RICE

BBQ Pork Fried Rice	\$10.95
Vegetable Fried Rice	\$10.95
Chicken Fried Rice	\$11.95
Beef Fried Rice	\$11.95
Shrimp Fried Rice	\$13.50
House Special Fried Rice	\$13.50

KIDS MENU

(Under 12 yrs old) Served with a small pop or milk (No Drinks come with To Go Orders)

K1	\$7.95
<i>(Sweet & Sour Chicken, BBQ Pork Fried Rice)</i>	
K2	\$7.95
<i>(Teriyaki Chicken, Butterfly Shrimp)</i>	
K3	\$7.95
<i>(BBQ Pork, French Fries)</i>	

BEVERAGES

Soft Drinks	\$2.50
Strawberry Lemonade	\$3.25
Iced Tea 16oz	\$2.50
Milk	\$2.00
Milk Strawberry Flavor	\$2.50
Coffee	\$3.25
Milk Chocolate Flavor	\$2.50
Hot Chocolate	\$2.25
Bottled Juice	\$2.50
Shirley Temple	\$3.25
Iced Vietnamese Espresso	\$2.50
Thai Iced Tea	
Decaffeinated Hot Tea	\$1.25
Hot Tea	\$1.25
Mango Paradise	\$4.25
Strawberry Banana	\$4.25
Iced Coffee Shake	\$4.25

<i>(Spicy, Beef, Bell Peppers, Onions, Carrots)</i>	
MUSHROOM BEEF	\$14.95
<i>(Beef, Mushrooms, Snow Peas, Onions, Carrots & Bamboo Shoots in Brown Sauce)</i>	
BEEF WITH SNOW PEAS	\$14.95
<i>(Beef, Snow Peas, Water Chestnut & Carrots)</i>	
SZECHUAN BEEF	\$14.95
<i>(Spicy, Beef, Celery & Carrot in House Spicy Sauce)</i>	
BEEF WITH TANGY SAUCE (spicy)	\$14.95
<i>(Beef, Bell Peppers, Onions, Water Chestnuts, Wood Ear & Bamboo Shoots)</i>	
KUNG PAO BEEF (Spicy)	\$14.95
<i>(Sliced Beef, Bamboo Shoots & Peanuts in Hot & Spicy Sauce)</i>	
GREEN PEPPER STEAK WITH ONIONS	\$14.95
BEEF WITH BLACK BEAN SAUCE	\$14.95
<i>(Beef, Bell Peppers & Onions in Black Bean Sauce)</i>	
MONGOLIAN BEEF (Spicy)	\$15.95
<i>(Spicy, Sauteed with Scallion, w/ Dry Rice Noodles)</i>	
HUNAN BEEF (Spicy)	\$15.95
<i>(Beef, Bell Peppers, Bamboo Shoots & Onion in House Spicy Sauce)</i>	
SESAME BEEF	\$15.95
<i>(Spicy, Sliced Beef Sauteed w/ Green Onions Underside Dry Rice Noodles)</i>	

PORK

Served with Steam Rice

SWEET & SOUR PORK	\$12.95
PORK WITH SNOW PEAS	\$13.95
<i>(BBQ Pork, Snow Peas, Water Chestnuts & Carrot)</i>	
TWICED COOKED PORK	\$13.95
<i>(BBQ Pork, Cabbage, Onions, Bell Peppers & Carrot in Hot Sauce)</i>	
PORK WITH BLACK BEAN SAUCE	\$13.95
<i>(BBQ Pork, Bell Peppers & Onions in Black Bean Sauce)</i>	
BBQ PORK WITH BROCCOLI	\$13.95

EACH ADDITIONAL PERSON
\$16.50

CHEF SUGGESTIONS

Served with a Cup of Steam Rice

HONEY GLAZED CHICKEN \$14.95

*(Fried Chicken, Homemade Honey
Sauce, Top with Sesame Seeds)*

TRIPLE DELIGHT \$16.95

*(Shrimp, Chicken & Beef Stir Fried
with Mixed Vegetables)*

HONEY GLAZED PRAWNS \$17.50

*(Fried Prawns w/ Homemade
Honey Sauce, Top & Walnuts &
Sesame Seeds)*

SCALLOPS & BEEF \$17.50

*(Flank Steak w/ Scallops &
Vegetables on Sizzling Plate)*

HAPPY FAMILY \$18.50

*(Scallop, Shrimp, Chicken, BBQ
Pork & Beef Stir Fried w/ Mixed
Vegetables)*

SESAME SHRIMP \$17.50

*(Spicy, Sauteed w/ Onion w/ Dry
Rice Noodles)*

SCALLOPS & SHRIMP IN \$17.50

TANGY SAUCE (Spicy)

SCALLOPS & PRAWN WITH \$17.50

ASPARAGUS

*(Gluten Free, Also with Baby Corn
& Carrot)*

GREEN BEAN